

Mrs Curl Ice Cream Shop

and Outdoor Café

259 South Meridian Street, Greenwood, Indiana 46143

NUTRITION INFORMATION			
Serving Size: 8 oz. (medium)			
Nutritional Item	2% Milk	Vanilla Ice Cream	Chocolate Ice Cream
Calories:	120	120	120
Fat Calories:	45	40	30
Fat (g):	5	4	3
Sat. Fat (g):	3.5	2.5	2
Cholesterol (mg):	25	10	15
Sodium (mg):	120	60	65
Carbohydrate (g):	11	17	18
Sugar (g):	11	13	16
Fiber (g):	0	0	0
Protein (g):	8	3	3
*Protein:	16	0	0
*Calcium:	30	10	10
*Iron:	0	0	0
*Vit. A:	10	6	6
*Vit. C:	2	0	0
*Vit D:	25	0	0

* % RDA